

# Jitter and Latency Characterization in Closed-Loop Neuromodulation during NREM Sleep in elderly and pathological population

R.Ramele<sup>1\*</sup>, M.Pretel<sup>1</sup>, A.Vazquez-Chenlo<sup>1</sup>, L.Capurro<sup>1</sup>, C.Forcato<sup>1</sup>

<sup>1</sup>*Instituto Tecnológico de Buenos Aires (ITBA), Buenos Aires, Argentina*

\*Iguazú 341, C1437 FBG, Ciudad de Buenos Aires, Argentina. E-mail: [rramele@itba.edu.ar](mailto:rramele@itba.edu.ar)

**Introduction:** Neuromodulation based on EEG is a promising therapeutic approach to regulate brain activity. Particularly, Closed-Loop Auditory Stimulation (CLAS) can be used to manipulate slow oscillations in sleep to influence memory consolidation [1,2,3]. However, enhancing individual oscillations by presenting a tone at a precise moment in time requires a highly controlled understanding of the feedback loop parameters. **Material, Methods and Results:** We developed a testbed stimulation sleep-monitoring device [4] based on ESP32 and the Cython board from OpenBCI [1] to measure latency and jitter of various closed-loop configurations and its impact on slow oscillations. Results show that to exert the stimulus at precise timing of the slow-wave cycle [3] requires a very low jitter and, more importantly, stringent low latency. **Discussion:** Based on the idea that N3 is mostly characterised as an oscillatory process, phase-locked acoustic stimulation (PLAS) was successfully applied to enhance the naturally occurring oscillations characteristic of young adults. However, in elderly or pathological populations, individual transient slow waves are more prominent [3] and more accurate and precise systems are required. **Significance:** In young adults, results have shown that CLAS procedure enhances slow-wave amplitude and memory consolidation. However, this is not the case with elderly or pathological populations, where we show that understanding the CLAS device's jitter and latency is fundamental. **Disclosures:** RR and CF are co-founders of NeuroAcoustics Inc., DE, US.

## References

- [1] Schalk G. et al (2024) A General-Purpose Non-Invasive Neurotechnology Research Platform. bioRxiv.pp.2024-01.
- [2] Zaaïmi, B. et al (2024). Brain-responsive music enables non-invasive, targeted and unobtrusive neurostimulation. bioRxiv, 2024-07.
- [3] Capurro, L. et al (2024). Changes in Brain Oscillatory Dynamics in Elderly Adults as a Consequence of Natural Aging. ResearchSquare 10.21203/rs.3.rs-5655250/v1
- [4] Pretel, M. et al (2024). A low-cost and open-hardware portable 3-electrode sleep monitoring device. HardwareX, 19, e00553.